

**Stephanie L. Budge, PhD, Licensed Psychologist**  
**Curriculum Vitae**

Department of Counseling Psychology, School of Education, Room 305, University of  
Wisconsin-Madison, Madison, WI 53706, 608-263-3753, [budge@wisc.edu](mailto:budge@wisc.edu)

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**EDUCATION**

- Doctor of Philosophy** **8/2006 - 8/2011**  
University of Wisconsin-Madison  
APA Accredited Counseling Psychology Program  
Minor: Psychological Assessment  
Dissertation Title: *Distress in the transition process for transgender individuals: The role of loss, community, and coping.*
- Master of Science** **8/2004 - 5/2006**  
University of Texas at Austin  
Educational Psychology  
Thesis Title: *Sexual pressure in gay, lesbian, and bisexual relationships.*
- Bachelor of Science** **1/2003 - 12/2003**  
University of Utah  
Major: Psychology
- Pace University **9/2000 - 12/2002**  
Major: Psychology  
Minor: Women's and Gender Studies

**POSITIONS HELD**

- Associate Professor, tenured** **8/2018 - current**  
Department of Counseling Psychology,  
University of Wisconsin-Madison
- Director of AHEAD (Advancing Health Equity and Diversity)** **7/2018 – current**  
Institute for Clinical and Translational Research  
School of Medicine and Public Health  
University of Wisconsin-Madison
- Health Psychologist** **6/2017 – 2/2019**  
University of Wisconsin Hospital & Clinics  
American Family Children's Hospital
- Assistant Professor, tenure-track** **8/2016 – 8/2018**  
Department of Counseling Psychology,  
University of Wisconsin-Madison

**Assistant Professor**, visiting, **8/2014 - 7/2016**  
Department of Counseling Psychology,  
University of Wisconsin-Madison

**Postdoctoral Clinical Training** **7/2013 - 6/2014**  
University of Louisville Trans Project

**Assistant Professor**, tenure-track **8/2011 - 8/2014**  
Department of Educational and Counseling Psychology,  
University of Louisville

**Postdoctoral Clinical Training**, **9/2011 - 8/2012**  
University of Louisville Counseling Center

**Predoctoral Internship**, **8/2010 - 8/2011**  
University of Minnesota, University  
Counseling and Consulting Services,  
APA-Accredited, APPIC listed predoctoral internship

### **PROFESSIONAL LICENSE**

Licensed Psychologist in Wisconsin - 3244-57 **2/2015 - current**

Licensed Psychologist (provisional) in Kentucky - 2012-42 **8/2011 - 6/2014**  
(under supervision to gain hours for Health Service Provider status)

### **SPECIAL HONORS AND AWARDS**

**UW-Madison Exceptional Service Award** **4/2021**  
Awarded the UW-Madison Exceptional Service Award, provided to faculty who provide service  
“above and beyond” service expections in a university environment

**Division 17 Distinguished Contribution to Counseling Psychology** **4/2021**  
American Psychological Association Division 17 (Society of Counseling Psychology) award for  
research and practice with trans and nonbinary populations

**Division 29 Social Justice Award** **2/2021**  
American Psychological Association Division 29 (Society for the Advancement of  
Psychotherapy) award for social justice work and research with LGBT populations

**Impact 2030 Faculty Fellow** **8/2020**  
Awarded the Impact 2030 Faculty Fellowship. Chosen to be one of 10 faculty in the School of  
Education to be an Impact 2030 Fellow. The fellowship includes 5 years of research support.

- Honorary Rainbow Degree** 5/2019  
The University of Wisconsin-Madison's Gender and Sexuality Campus Center provides an award every year to an individual on campus who is dedicated to making positive change for LGBTQ students on campus.
- Community Engaged Scholarship Award** 4/2018  
The University of Wisconsin-Madison School of Education award for researchers engaged in community-focused scholarship—awarded specifically for my collaborations with the Wisconsin Trans Health Coalition
- Outstanding Paper Award** 6/2017  
American Psychological Association Division 17 (Counseling Psychology) award for a 2016 major contribution published in *The Counseling Psychologist*
- Division 17 Early Career Award** 7/2017  
American Psychological Association Division 17 (Counseling Psychology) award for social justice work and research with LGBT populations
- Division 29 Early Career Award** 5/2015  
American Psychological Association Division 29 (Society for the Advancement of Psychotherapy) award for psychotherapy research
- Most Valuable Paper Award (Runner Up)** 1/2014  
American Psychological Association Division 29 (Society for the Advancement of Psychotherapy) runner up award for a 2013 article published in *Psychotherapy*
- University of Louisville Trustees Award Nomination** 2/2013  
Nomination provided to faculty for excelling in mentoring students
- Outstanding Graduate Student Award** 7/2010  
American Psychological Association Division 17 (Counseling Psychology) LGBT award given for community contributions with the LGBT population during my doctoral studies
- Graduate Student Research Award** 7/2010  
American Psychological Association Division 17 (Counseling Psychology) Society for Vocational Psychology/ACT for career research regarding transgender individuals
- Transgender Research Award** 6/2010  
Recipient of the inaugural American Psychological Association Division 44 (Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues) award for research with transgender populations
- John W. M. Rothney Memorial Research Award** 2/2010  
University of Wisconsin-Madison Counseling Psychology Department award provided to an

outstanding doctoral student excelling in research

**Outstanding Student Poster Award**

**8/2009**

American Psychological Association Division 17 (Counseling Psychology)

**EXPERT WITNESS AND PUBLIC INTEREST EXPERIENCE**

Boyden v. State of Wisconsin Employee Trust Funds, No. 17-cv-264 (Wisconsin, 2018)

Flack v. Wisconsin Department of Health Services, No. 3:18-cv-00309 (Wisconsin, 2018)

Whitaker v. Kenosha Unified School District, No. 2:16-cv-00943-PP (7<sup>th</sup> Cir. 2016)

Name redacted (private case of a transgender woman seeking asylum), United States DOJ Immigration Court Case (2015)

**RESEARCH**

**JOURNAL PUBLICATIONS**

Underlining denotes student

1. Minero, L.M., Domínguez, S. Jr., **Budge, S.L.**, & Salcedo, B. (In press). Latinx trans immigrants' survival of torture in U.S. detention: A qualitative investigation of the psychological impact of abuse and mistreatment. *International Journal of Transgender Health*.
2. Sinnard, M.T., **Budge, S.L.**, & Rossman, H.R. (In Press). Nonbinary individuals' emotional experiences: implications for advancing counseling psychology beyond the binary. *Counseling Psychology Quarterly*.
3. Barr, S.M., Snyder, K., Adelson, J., & **Budge, S.L.** (In press). Post-traumatic stress in the trans community: The roles of anti-transgender bias, non-affirmation, and internalized transphobia. *Psychology of Sexual Orientation and Gender Diversity*.
4. **Budge, S.L.**, Guo, E., Mauk, E., Tebbe, E.A. (In press). The development of an observational coding scheme to assess transgender and nonbinary clients' reported minority stress experiences. *Psychotherapy*.
5. Thai, J.L., **Budge, S.L.**, & McCubbin, L. (In press). Qualitative examination of transgender Asian Americans navigating and negotiating cultural identities and values. *Asian American Journal of Psychology*
6. Bhattacharya, N., **Budge, S.L.**, Pantalone, D.W., & Katz-Wise, S.L. (In press). Conceptualizing relationships among transgender and gender diverse youth and their caregivers. *Journal of Family Psychology*.
7. **Budge, S.L.**, Sinnard, M.T., & Hoyt, W.T. (2021). Longitudinal effects of psychotherapy with transgender and nonbinary clients: A randomized controlled pilot trial. *Psychotherapy*.

8. **Budge, S.L.**, Orzechowski, M., Lavender, A., Schamms, S., Onsgard, K., Leibowitz, S., & Katz-Wise, S.L. (2021). Transgender and gender nonconforming youths' emotions: The Appraisal, Valence, Arousal Model. *The Counseling Psychologist*, *49*, 138-172.
9. **Budge, S.L.**, Lee, J., Lindley, L. (2020). Therapy with transmasculine clients. *Psychotherapie im Dialogue*, *21*, 52-56.
10. Sun, S., **Budge, S.L.**, Shen, W., Ge, X., Liu, M., & Feng, S. (2020). Minority stress and health: A grounded theory exploration among men who have sex with men in China and implications for health research and interventions. *Social Science and Medicine*.
11. Allen, B.J., Andert, B., Botsford, J., **Budge, S.L.**, & Rehm, J. (2020). Intersections at the margins: Comparing school experiences of nonbinary and binary-identified transgender youth. *Journal of School Health*, *90*, 358-367.
12. dicky, I.M. & **Budge, S.L.** (2020). Suicide and the transgender experience: A public health crisis. *American Psychologist*, *75*, 380-390.
13. **Budge, S.L.**, Domínguez, S. Jr., & Goldberg, A.E. (2020). Minority stress in nonbinary students in higher education: The role of campus climate and belongingness. *Psychology of Sexual Orientation and Gender Diversity*, *7*, 222-229.
14. Pantalone, D. & **Budge, S.L.** (2020). Psychotherapy research is needed to improve clinical practice for clients with HIV. *Psychotherapy*, *57*, 1-7.
15. Hase, C.N., Meadows, J.C., & **Budge, S.L.** (2019). Inclusion and exclusion in the white space: An investigation of the experiences of people of color in a primarily white American meditation community. *Journal of Global Buddhism*, *20*, 1-18.
16. Paquin, J., Tao, K., & **Budge, S.L.** (2019). A social justice framework for ethical psychotherapy research. *Psychotherapy*, *56*, 491-502.
17. **Budge, S.L.**, & Katz-Wise, S. L. (2019). Sexual minorities' sexual communication, internalized homophobia, and conformity to gender norms. *International Journal of Sexual Health*, *31*, 36-49.
18. Barcelos, C. & **Budge, S.L.** (2019). Inequalities in crowdfunding for transgender health care. *Trans Health*, *4*, 81-88..
19. Goldberg, A., Kuvalanka, K., **Budge, S.L.**, Benz, M., & Smith, J. (2019). Mental health and health care experiences of transgender undergraduate and graduate students: A mixed methods study. *The Counseling Psychologist*, *47*, 59-97.
20. Rossman, K., Sinnard, M., & **Budge, S.L.** (2019). A qualitative examination of consideration and practice of consensual non-monogamy among sexual and gender minority couples. *Psychology of Sexual Orientation and Gender Diversity*, *6*, 11-21.
21. **Budge, S.L.**, Conniff, J., Belcourt, W.S., Parks, R. L., Pantalone, D., & Katz-Wise, S.L. (2018). A grounded theory study of the development of trans youths' awareness of coping with gender identity. *Journal of Child and Family Studies*, *27*, 3048-3061.
22. **Budge, S.L.** & Moradi, B. (2018). Attending to gender in psychotherapy: Understanding and incorporating systems of power. *Journal of Clinical Psychology*, *74*, 2014-2027.
23. Moradi, M. & **Budge, S.L.** (2018). A meta-analytic approach to studying psychotherapy outcomes for LGBTQ affirmative therapies. *Journal of Clinical Psychology*, *74*, 2028-2042.
24. **Budge, S.L.**, Orovecz, J., Owen, J.J., & Sherry, A.R. (2018). The relationship between conformity to gender norms, sexual orientation, and gender identity for sexual minorities. *Counselling Psychology Quarterly*, *31*, 79-97.

25. Salkas, S., Conniff, J. & Budge, S.L. (2018). Provider quality and barriers to care for transgender people: An analysis of data from the Wisconsin transgender community health assessment. *International Journal of Transgenderism*, 19, 59-63.
26. Katz-Wise, **Budge, S.L.**, Fugate, E., Flanagan, K., Touloumtzis, C., Rood, B...Leibowitz, S. (2017). Transactional pathways of transgender identity development in transgender and gender nonconforming youth and caregiver perspectives from the Trans Youth Family Study. *International Journal of Transgenderism*, 18, 243-263.
27. Nienhuis, J. B., Owen, J., Valentine, J. C., Black, S. W., Halford, T. C., Parazak, S. E., Budge, S., & Hilsenroth, M. J. (2018). Therapeutic alliance, empathy, and genuineness in individual adult psychotherapy: A meta-analytic review. *Psychotherapy Research*, 28, 593-605.
28. **Budge, S.L.**, Israel, T., Merrill, C. (2017). Improving the lives of sexual and gender minorities: The promise of psychotherapy research. *Journal of Counseling Psychology*, 64, 376-384.
29. **Budge, S.L.**, Chin, M.Y., & Minero, L.P. (2017). Trans individuals' facilitative coping: An analysis of internal and external processes. *Journal of Counseling Psychology*, 64, 12-25.
30. ° Imel, Z.E., **Budge, S.L.**, & Owen, J. (2017). Introduction to special section on advanced methodology: Counseling the dog to wag its methodological tail. *Journal of Counseling Psychology*, 64, 601-603.
31. Katz-Wise, S. L., Williams, D. N., Keo-Meier, C. L., **Budge, S. L.**, Pardo, S., & Sharp, C. (2017). Longitudinal associations of sexual fluidity and health in transgender men and cisgender women and men. *Psychology of sexual orientation and gender diversity*, 4, 460-471
32. ° Matsuno, E. & **Budge, S.L.** (2017). Non-binary/genderqueer identities: A critical review of the literature. *Current Sexual Health Reports*, 9, 116-120.
33. Katz-Wise, S.L., Reisner, S.L., White, J.M., & **Budge, S.L.** (2017). Self-reported changes in attractions and social determinants of mental health in transgender adults. *Archives of Sexual Behavior*, 46, 1425-1439.
34. **Budge, S.L.** & dickey, I.M. (2017). Barriers, challenges, and decision-making in the letter writing process for gender transition. *Psychiatric Clinics*, 40, 65-78.
35. Katz-Wise, S.L., **Budge, S. B.**, Orovecz, J.O., Nguyen, B., & Thompson, K. (2017). Imagining the Future: Qualitative findings of future orientation from the Trans Youth Family Study. *Journal of Counseling Psychology*, 64, 26-40.
36. **Budge, S.L.** (2016). To err is human: An introduction to the special issue on clinical errors. *Psychotherapy*, 53, 255-256.
37. Sinnard, M., Raines, C., & Budge, S.L. (2016). The association between geographic location and anxiety and depression in transgender individuals: An exploratory study of an online sample. *Transgender Health*, 1, 181-186.
38. **Budge, S.L.** & Pankey, T.L. (2016). Ethnic differences in gender dysphoria. *Current Psychiatry Reviews*, 12, 175-180.
39. dickey, I.M., **Budge, S.L.**, Katz-Wise, S.L., & Garza, M.V. (2016). Health disparities in the transgender community: Exploring differences in insurance coverage. *Psychology of Sexual Orientation and Gender Diversity*, 3, 275-282.

40. Barr, S.M., **Budge, S.L.**, & Adelson, J.L. (2016) Transgender community belongingness as a mediator between strength of transgender identity and well-being. *Journal of Counseling Psychology*, 63, 87-97.
41. **Budge, S.L.**, Thai, J.L., Tebbe, E., & Howard, K.H. (2016) The intersection of socioeconomic status, race, sexual orientation, transgender identity, and mental health outcomes. *The Counseling Psychologist*, 44, 1025-1049.
42. Tebbe, E.A. & **Budge, S.L.** (2016) Research with transgender communities: Applying a process-oriented approach to methodological considerations and research recommendations. *The Counseling Psychologist*, 44, 996-1024.
43. Moradi, B., Tebbe, E., Brewster, M., **Budge, S.L.**, Lenzen, A., Enge, E...Painter, J. (2016). A content analysis of trans people and issues: 2002-2012. *The Counseling Psychologist*, 44, 960-995.
44. Tebbe, E.A., Moradi, B., & **Budge, S.L.** (2016). Enhancing scholarship focused on trans people and issues. *The Counseling Psychologist*, 44, 950-959.
45. **Budge, S.L.** (2015). Psychotherapists as gatekeepers: An evidence-based case-study highlighting the role and process of letter-writing for transgender clients. *Psychotherapy*, 52, 287-297.
46. Kopta, M., Owen, J.J., & **Budge, S.L.** (2015). Measuring psychotherapy outcomes with the Behavioral Health Measure-20: Efficient and comprehensive. *Psychotherapy*, 52, 442-448.
47. Watkins, C.E., **Budge, S.L.**, & Callahan, J.L. (2015). Common and specific factors converging in psychotherapy supervision: A supervisory extrapolation of the Wampold/Budge psychotherapy relationship model. *Journal of Psychotherapy Integration*, 25, 214-235.
48. Owen, J.J., Adelson, J.L., **Budge, S.L.**, Wampold, B.E., Kopta, M., Minami, T., & Miller, S.D., (2015). Trajectories of change in short-term psychotherapy. *Journal of Clinical Psychology*, 71, 817-827.
49. **Budge, S.L.** (2015). The effectiveness of psychotherapeutic treatments for personality disorders: A review and critique of current research practices. *Canadian Psychology*, 56, 191-196.
50. Owen, J.J., Adelson, J.L., **Budge, S.L.**, Reese, R.J., & Kopta, M.M. (2015). Good-Enough Level and Dose-Effect models: Variation among outcomes and therapists. *Psychotherapy Research*, 26, 22-30.
51. Katz-Wise, S.L. & **Budge, S.L.** (2015). Cognitive and interpersonal identity processes related to mid-life gender transitioning in transgender women. *Counseling Psychology Quarterly*, 28, 150-174.
52. **Budge, S.L.**, Orovecz, J., & Thai, J.L. (2015). Trans men's positive emotions: The interaction of gender identity and emotion labels. *The Counseling Psychologist*, 43, 404-434.
53. **Budge, S. L.**, Keller, B.L., & Sherry, A. (2015) A qualitative investigation of lesbian, gay, bisexual, and queer women's experiences of sexual pressure. *Archives of Sexual Behavior*, 44, 813-824.
54. **Budge, S.L.** (2014). Navigating the balance between positivity and minority stress for LGBTQ clients who are coming out. *Psychology of Sexual Orientation and Gender Diversity*, 1, 350-352.

55. **Budge, S.L., Rossman, H.K., & Howard, K.H.** (2014). Coping and psychological distress among genderqueer individuals: The moderating effect of social support. *Journal of LGBT Issues in Counseling, 8*, 95-117.
56. **Budge, S.L., Moore, J.T., Del Re, A.C., Wampold, B.E., Baardseth, T.P., & Nienhuis, J.B.** (2013). The effectiveness of evidence-based treatments for personality disorders when comparing treatment-as-usual and bona fide treatments. *Clinical Psychology Review, 33*, 1057-1066.
57. **Budge, S.L.** (2013). Interpersonal psychotherapy with transgender clients. *Psychotherapy, 50*, 356-359.
58. Katz-Wise, S.L., **Budge, S.L., & Hyde, J.S.** (2013). Individuation or identification? Self-objectification and the mother–adolescent relationship. *Psychology of Women Quarterly, 37*, 366-380.
59. **Budge, S.L., Adelson, J.L., & Howard, K.H.** (2013). Anxiety and depression in transgender individuals: The roles of transition status, loss, social support, and coping. *Journal of Consulting and Clinical Psychology, 81*, 545-557.
60. **Budge, S.L., Owen, J.J., Kopta, S.M., Minami, T., Hanson, M.R., & Hirsch, G.** (2013). Differences among trainees in client outcomes associated with the Phase Model of Change. *Psychotherapy, 50*, 150-157.
61. **Budge, S. L., Katz-Wise, S. L., Tebbe, E., Howard, K.A.S., Schneider, C. L., & Rodriguez, A.** (2013). Transgender emotional and coping processes: Use of facilitative and avoidant coping throughout the gender transition. *The Counseling Psychologist, 41*, 601-647.
62. Valdez, C. R. & **Budge, S.L.** (2012). Addressing adolescent depression in schools: Effectiveness and acceptability of an in-service training for school staff in the United States. *International Journal of Educational Psychology, 1*, 228-25.
63. Wampold, B.E., & **Budge, S.L.** (2012). The relationship—and its relationship to the common and specific factors of psychotherapy. *The Counseling Psychologist, 40*, 601-623.
64. Wampold, B.E., **Budge, S.L., Laska, K. M., Del Re, A.C., Baardseth, T.P., Fluckiger, C., Minami, T., Kivlighan, M., & Gunn, W.** (2011). Evidence-based treatments for depression and anxiety versus treatment-as-usual: A meta-analysis of direct comparisons. *Clinical Psychology Review, 31*, 1304-1315.
65. Valdez, C. R., Dvorscek, M., **Budge, S.L., & Esmond, S.L.** (2011). Provider perspectives of Latino patients: Determinants of care and implications of treatment. *The Counseling Psychologist, 39*, 497-526.
66. Wampold, B.E., Benish, S.G., Imel, Z.E., Miller, S.D., Laska, K., Del Re, A.C., Baardseth, T.P., & **Budge, S.L.** (2010). What works in the treatment of PTSD? A response to Ehlers et al. *Clinical Psychology Review, 30*, 269-276.
67. **Budge, S. L., Tebbe, E. N. & Howard, K. A. S.** (2010). The work experiences of transgender individuals: Negotiating the transition and coping with barriers. *Journal of Counseling Psychology, 57*, 377-393.
68. Howard, K. A. S., **Budge, S. L., Gutierrez, B., Lemke, N. T., & Owen, A. D.** (2010). Future plans of urban youth: Influences, perceived barriers, and coping strategies. *Journal of Career Development, 37*, 655-676.



69. **Budge, S. L.**, Baardseth, T. P., Wampold, B. H., & Fluckiger, C. (2010). Researcher allegiance and supportive therapy: Pernicious affects on results of randomized clinical trials. *European Journal of Counselling and Psychotherapy*, 12, 23-39.
70. Howard, K. A. S., **Budge, S. L.**, & McKay, K. M. (2010). Youth exposed to violence: The role of protective factors. *Journal of Community Psychology*, 38, 63-79.
71. **Budge, S. L.** (2006) Peer mentoring in post-secondary education: Implications for research and practice. *Journal of College Reading and Learning*, 37, 71-85.

## **BOOK CHAPTERS**

1. **Dominguez, S. & Budge, S.L.** (2020). Gender Nonconformity. In A. Goldberg (Ed.) *The SAGE Encyclopedia of Trans Studies* (pp. xx-xx). Thousand Oaks, CA: SAGE.
2. **Budge, S.L.** & Moradi, B. (2019). *Gender Identity*. In J. Norcross and B. Wampold (Eds.) *Psychotherapy Relationships That Work, Volume 2*. London, England: Oxford University Press.
3. Moradi, B. & **Budge, S.L.** (2019). *Sexual Orientation*. In J. Norcross and B. Wampold (Eds.) *Psychotherapy Relationships That Work, Volume 2*. London, England: Oxford University Press.
4. **Budge, S.L.** & **Orovecz, J.J.** (2017). Gender fluidity. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 660-662). Thousand Oaks, CA: SAGE.
5. **Budge, S.L.** & **Pankey, T. L.** (2017). Interpersonal therapies and gender. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 961-964). Thousand Oaks, CA: SAGE.
6. **Budge, S.L.** & **salkas, s.** (2017). Experiences of transgender people within the LGBT community. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1073-1075). Thousand Oaks, CA: SAGE.
7. **Budge, S.L.** & **Thai, J.L.** (2017). Coming out processes for transgender people. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 357-360). Thousand Oaks, CA: SAGE.
8. **Budge, S.L.** & **Sinnard, M.** (2017). Trans. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1685-1685). Thousand Oaks, CA: SAGE.
9. **Akinniyi, D.** & **Budge, S.L.** (2017). Biological sex and mental health outcomes. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 161-165). Thousand Oaks, CA: SAGE.
10. **Lam, J.** & **Budge, S.L.** (2017). Help-seeking behaviors and men. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 832-834). Thousand Oaks, CA: SAGE.
11. **Jones, T., Chin, M.Y., & Budge, S.L.** (2017). Sororities. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1611). Thousand Oaks, CA: SAGE.
12. **Sun, S.** & **Budge, S.L.** Women's group therapy. (2017). In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1829-1830). Thousand Oaks, CA: SAGE.
13. **Sun, S., Minero, L., & Budge, S.L.** (2017). Multiracial people and gender. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1208-1212). Thousand Oaks, CA: SAGE.

14. Alexander, D., Hunter, C., & Budge, S.L. (2017). Experiences of women in religious leadership. In K. Nadal (Ed.) *The SAGE Encyclopedia of Psychology and Gender* (pp. 1813-1815). Thousand Oaks, CA: SAGE.
15. **Budge, S.L.** (2017). Genderqueer. In A. Goldberg (Ed.) *The SAGE Encyclopedia of LGBTQ Studies* (pp. 460-463). Thousand Oaks, CA: SAGE.
16. **Budge, S.L.** & Snyder, K.E. (2016). Sex-related differences research. In A. Goldberg (Ed.) *The Wiley Blackwell Encyclopedia of Gender and Sexuality Studies* (pp. 2125-2129). Thousand Oaks, CA: SAGE.
17. **Budge, S. L., & Wampold, B. E.** (2015). The relationship: How it works. In O. C. G. Gelo, A. Pritz, & B. Rieken (Eds.), *Psychotherapy research: Foundations, process, and outcomes* (pp. 213-228). Dordrecht: Springer.

### **GRAPHIC NOVEL**

**Budge, S.L.** & Funk, H. (2019). *Longitudinal effects of psychotherapy with transgender clients: A randomized controlled pilot trial*. JKXComics. Available at: <https://www.jkxcomics.com/psychotherapy>

### **RESEARCH REPORTS**

Botsford, J.C., Allen, B.J., Andert, B.D., **Budge, S.L.**, & Rehm, J.L. (2018). *Meeting the healthcare needs of transgender, nonbinary, and gender expansive/ nonconforming youth in Wisconsin: A report of the 2017 Wisconsin Transgender Youth Community Needs Assessment*. Available at: <https://www.med.wisc.edu/media/medwiscedu/documents/about-us/CH-174891-18-TNG-Youth-Report-Full.pdf>

### **PRACTICE REPORTS**

Webb, A. Matsuno, E., **Budge, S.L.**, Krishnan, M., & Balsam, K. (2020). Nonbinary gender identities: 2020 updated fact sheet. A publication for the Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues: Available at: <https://www.apadivisions.org/division-44/resources/advocacy/non-binary-facts.pdf>

Webb, A. Matsuno, E., **Budge, S.L.**, Krishnan, M., & Balsam, K. (2017). Nonbinary gender identities fact sheet. A publication for the Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues: Available at: <https://www.apadivisions.org/division-44/resources/advocacy/non-binary-facts.pdf>

**Budge, S.L.** (2015). Critical considerations in writing letters for trans clients. Available at: <https://societyforpsychotherapy.org/critical-considerations-in-writing-letters-for-trans-clients/>

### **CURRICULUM GUIDE**

McGinley, M., Christie, M. B., Clements, Z., Goldbach, C. M., Kraus, E., Woznicki, N. W., Breslow, A. S., **Budge, S. L.**, & Matsuno, E. (2020). A resource for incorporating trans and gender diverse issues into counseling psychology curricula. APA Division 17 Special Task

Group, Making Room at the Table: Trans/Nonbinary Pipeline to Counseling Psychology.  
Available at: <https://www.div17.org/wp-content/uploads/Incorporating-Trans-and-Gender-Diverse-Issues-into-Counseling-Psychology-Curricula.pdf>

### **RESEARCH SUPPORT**

**Understanding and Reducing Inequities Initiative** 7/01/2021-7/01/2023

University of Wisconsin-Madison, \$250,000—**funded**

Study focusing on creating a psychotherapy intervention for trans and nonbinary people that includes radical healing and skills to reduce internalized transnegativity.

Role: PI

**Understanding and Reducing Inequities Initiative** 7/01/2021-7/01/2022

University of Wisconsin-Madison, \$100,000—**not funded**

Study focusing on using ecological momentary assessment to determine daily minority stress experiences for transgender and nonbinary people.

Role: Co-Investigator

**Baldwin Seed Grant** 07/2021-07/2022

University of Wisconsin-Madison, \$4,000—**funded**

Mentoring student (L. Lindley) on a grant focused on coping mechanisms for transgender and nonbinary people.

Role: PI

**2030 Faculty Fellowship Funds** 8/20/2020-8/20/2025

University of Wisconsin-Madison, \$100,000—**funded**

Funds to support community-based research focused on improving mental health and wellness for transgender and nonbinary people.

Role: PI

**National Institute of Health** 5/01/2020-5/01/2021

SBIR, R43, \$250,000—**scored, not funded**

Study focusing on financial counseling for LGBTQ couples

Role-Consultant

**CORE—Centralized Otolaryngology Research Grant** 9/1/2020-8/31/2021

Centralized Otolaryngology Division, \$25,000—**not funded**

Study focused on mental health outcomes of facial gender surgery.

Role: Co-investigator

**National Institute of Health** 10/2019-10/2021

NIMH, R21, \$275,000—**scored, not funded**

Study focused on how bias plays a role in mental health providers accepting transgender clients

Role: Co-Investigator

**Baldwin Seed Grant** 06/2019-06/2020

University of Wisconsin-Madison, \$4,000—**funded**

Mentoring student (M. Sinnard) on a grant focused on objectified body consciousness for trans, nonbinary, and gender nonconforming individuals.

Role: PI

**Online Course Development Grant**

**01/2019-9/2020**

University of Wisconsin-Madison

\$15,000—**funded**

This grant funds university faculty to design new and innovative courses at UW-Madison. The funding will cover the creation of a course called “Gender and Queer Issues In Psychology” set to begin in Summer 2020.

Role: Instructor

**WARF 2020**

University of Wisconsin-Madison, \$500,000—**not funded**

**12/2019**

Research project determining the longitudinal outcomes of gender affirming medical care for adolescent and adults in Wisconsin.

Role: PI

**Fall Research Competition**

**6/2018 – 6/2019**

University of Wisconsin-Madison

\$34,000 - **funded**

Research project determining the effectiveness of psychotherapy interventions focused on minority stressors for transgender clients.

Role: PI

**National Institute of Health**

**11/2018**

NICHHD, R01, \$500,000 – **scored, not funded**

Study focused on promoting well-being among transgender and gender non-conforming youth and identifying salient contextual factors.

Role: Collaborator

**UW Institute for Clinical Research (ICTR)**

**6/2017 – 6/2018**

**Health Equity and Diversity (AHEAD) research pilot award**

\$10,000 - **funded**

Research project determining the effectiveness of psychotherapy interventions focused on minority stressors for transgender clients.

Role: PI

**National Institute of Health**

**1/2017 – 1/2019**

Structured pubertal suppression readiness assessment for gender dysphoric youth.

NICHHD, R21, \$206,028--**funded**

Role: Collaborator

**Gaining STEAM**

**5/2018 – 5/2019**

JKX Comics, \$0, **awarded**

Grant awarded to scientists to pair with a comic book artist to create visual representation

of scientific content.

Role: Scientist

**Fall Research Competition**

**5/2017 - 9/2018**

University of Wisconsin-Madison

\$60,000 - **funded**

Supplemental research project for the NIH grant (listed below) focusing on pubertal suppression for transgender youth.

Role: PI

**National Institute of Health**

**11/2016**

NICHHD, K23, \$666,769 - **scored, unfunded**

Study focusing on the effects of pubertal suppression on affect and emotion regulation for transgender youth.

Role: PI

**Wisconsin Partnership Program**

**6/2016 – 6/2018**

Community Opportunity Grant

\$50,000 - **funded**

A grant that assists with opportunities focused on transgender health and equity in health care.

Role: Collaborator

**UW Institute for Clinical Research (ICTR)**

**6/2016 – 6/2018**

**Health Equity and Diversity (AHEAD) research pilot award**

\$10,000 - **funded**

Research project advancing the Wisconsin Survey of Trans Youth: An Assessment of Resources and Needs.

Role: Co-investigator

**Patient Centered Outcome Research Initiative (PCORI)**

**5/2016**

Engagement Award

\$250,000 - **scored, unfunded**

Creating a collective for integrating psychological health, education, and research for LGBTQ therapies (CIPHER LGBTQ)

Role: Co-PI

**Faculty Research Development Grant**

**10/2012 - 10/2013**

College of Education and Human Development

University of Louisville

\$2,200 - **funded**

Research project testing psychotherapy process and outcomes for transgender individuals.

Role: PI

**Faculty Research Development Grant**

**9/2011- 9/2012**

College of Education and Human Development

University of Louisville

\$2,200 - **funded**

Research project regarding positive experiences of transgender identity and inter-sectionalality of identities with genderqueer individuals.

Role: PI

**Charles J. Gelso Research Grant**

**6/2010 – 6/2012**

American Psychological Association (Division 29)

\$2,000 - **funded**

Meta-analysis project focusing on personality disorders and treatment effectiveness.

Role: PI

**INTERNATIONAL PRESENTATIONS**

°Invited; Underlining denotes student;

1. **Budge, S.L.** (2021, June;). *Attending to Power, Privilege, and Oppression in Psychotherapy Research*. Panel moderator for a plenary session at the Society for Psychotherapy Research, Heidelberg, Germany (hybrid model online due to COVID-19).
2. **Budge, S.L.** (2020, October). *Mental Health Care for Trans Youth: What Helps Youth Thrive and What Resources are Requested?* World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
3. **Budge, S.L.** & Sinnard, M.T. (2020, October). *Acceptability and Feasibility of a Randomized Controlled Trial with Transgender and Nonbinary Clients*. World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
4. Sinnard, M.T. & **Budge, S.L.** (2020, October). *Development of the Objectified Body Consciousness Scale for Transgender and Nonbinary Adults*. World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
5. Allen, B., Rehm, J., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *School Safety and Support for Transgender Youth with Non-binary vs. Binary Gender Identities*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
6. Rehm, J., Allen, B., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *Transgender youth who receive gender related care from a specialized provider differ from other transgender youth*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
7. Rehm, J., Allen, B., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *Increased awareness of healthcare needs of youth with nonbinary gender identities is needed*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
8. **Budge, S.L.** & Katz-Wise, S.L. (2016, July). *Emotional expression of trans youth and their families: A cross-comparison of familial cultures for gender and emotions*. Paper presented at the International Congress of Psychology Conference, Yokohama, Japan.
9. Chin, M.Y., Minero, L., & **Budge, S.L.** (2016, July). *“This is me, and I am happy. I love it”*: Understanding Internal Coping Processes of Trans-identified Individuals using Grounded Theory. Paper presented at the International Congress of Psychology Conference, Yokohama, Japan.

10. **Budge, S.L.**, Katz-Wise, S.L., Conniff, J., Belcourt, S., & Parks, R. (2016, July). *Developmental processes of coping for trans youth: Results from the Trans Youth and Family Study (TYFS)*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
11. Sinnard, M., Raines, C., & **Budge, S.L.** (2016, July). *Effects of location and transition status on anxiety and depression in trans individuals*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
12. **Budge, S.L.** & salkas, s. (2016, July). *An overview of non-binary gender identities in the National Transgender Discrimination Survey*, Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
13. Orovecz, J., salkas, s., & **Budge, S.L.** (2016, July). *External identity processes for individuals with non-binary identities*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
14. Rossmann, K., Sinnard, M., & **Budge, S.L.** (2016, July). *The externalization of affect for individuals with non-binary gender identities*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
15. Hase, C.N., Reiland, M.T., **Budge, S.L.** (2015, August). "Omitting none:" *Experience of people of color in a primarily white meditation community*. Poster presented at American Psychological Association. Toronto, ON.
16. Akinniyi, D.A. & **Budge, S.L.** (2015, August). *Genderqueer individuals' conceptualizations of multiple identities: A qualitative investigation using identity maps*. Paper presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
17. Sinnard, M. & **Budge, S.L.** (2015, August). *Effects of location and transition status on anxiety and depression in trans individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
18. Watkins, C.E., **Budge, S.L.**, & Wampold, B.E. (2015, August). *Extrapolating the Wampold/Budge psychotherapy relationship model to psychotherapy supervision*. Paper presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
19. **Budge, S.L.** (2014, February). *Developmental processes of positive emotions for trans individuals: The interplay of interpersonal emotions and transition appraisal*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Bangkok, Thailand.
20. **Budge, S.L.**, Adelson, J.L., & Howard, K.A.S. (2014, February). *Transgender and Genderqueer individuals' mental health concerns: A moderated mediation analysis of social support and coping*. Paper presented the World Professional Association for Transgender Health Biannual Conference, Bangkok, Thailand.

### NATIONAL PRESENTATIONS

°Invited; Underlining denotes student;

1. °**Budge, S.L.** (2021, August). *Gab with the greats*. An invited panelist for Division 29 Society for the Advancement of Psychotherapy at the annual American Psychological Association National Convention, Virtual Conference.

2. Elliott, G., Domínguez, S. Jr., & Budge, S. L. (2021, August). *A Case Study Approach to Using a Strong Intersectional Lens in Therapy with Trans and Nonbinary Clients*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
3. Norton, M., Domínguez, S. Jr., Elliot, G., & Budge, S. L. (2021, August). *Dismantling, Decolonizing, and Deconstructing: Engaging the Possibilities within a Critical Lab Praxes*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
4. McNeill, J. & Budge, S.L. (2021, August). *Theory and Practice of Radical Healing for Queer and Trans Black and Indigenous People of Color*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
5. Lee, J., Hoyt, W.T., Budge, S.L., & Lee, B. (2021, August). *Parental attachment and internalized transnegativity among Korean TNB populations: Role of Self-shame, Rejection Sensitivity, and self-concept clarity*. Poster presented at the American Psychological Association Convention. Virtual Conference due to COVID-19.
6. Lindley, L. & Budge, S.L. (2021, August). *Development of the Transgender/Nonbinary Coping Measure*. Poster presented at the American Psychological Association Convention. Virtual Conference due to COVID-19.
7. Veldhuis, C.B., Budge, S.L., Velez, B., Galupo, M.P., Cascalheira, C., Renteria, R., & Delucio, K. (2021, August). *Thought-Provoking Conversations about LGBTQIA+ Research*. Panelist at the American Psychological Association Convention. Virtual Conference due to COVID-19.
8. Katz-Wise, S., Vishnudas, S., Smith, C., Marchwinski, B., Budge, S.L., Godwin, E., Moore, L., Ehrensaff, D., Rosal, M.C., Thomson, K. (2021, May). *Family Functioning and Mental Health: A Two-Year Longitudinal Study of Families with Transgender and/or Nonbinary Youth*. Paper presented at the LGBTQ Health Conference. Virtual Conference due to COVID-19.
9. Dyer, R.L. & Budge, S.L. (2021, March). *Psychotherapist attitudes about client pregnancy decision-making: Developing a scale*. Paper presented at the Association for Women in Psychology. Virtual Conference due to COVID-19.
10. Budge, S.L., Velez, B., Mohr, J., Moradi, B., Puckett, J., & Matsuno, E. (2020, August). *Taking the mystery out of publishing LGBTQ research: Lessons learned*. Symposium accepted at the 2020 American Psychological Association Convention, Washington, D.C.
11. Budge, S.L., Sinnard, M.T., & Hoyt, W.T. (2020, August). *Minority stress outcomes during and post psychotherapy: 6-month follow-up results for trans clients*. Paper accepted at the 2020 American Psychological Association Convention, Washington, D.C.
12. Tao, K., Paquin, J., & Budge, S.L. (2020, April). *Using a counseling psychology lens to propose and implement a social justice framework for ethical psychotherapy research*. Symposium accepted at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.
13. Dyer, R.L. & Budge, S.L. (2020, April). *Qualitative examination of transgender clients' reflections on discussing minority stress with psychotherapists*. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.



14. Domínguez, S. Jr., **Budge, S. L.** (2020, April). *The Social and Internal Aspects of Gender Dysphoria Scale (SIAGD): A community-engaged measure for gender dysphoria*. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.
15. Domínguez, S. Jr., **Budge, S. L.**, & Goldberg, A. E. (2019, August). *Minority stress in nonbinary college students: The impact of campus climate and belongingness*. Poster presented at the 2019 American Psychological Association National Convention, Chicago, IL.
16. Dyer, R. L., Sinnard, M.T., & **Budge, S. L.** (2019, August). *Working alliance and gender minority stress: Implications for psychotherapy with trans, nonbinary, and gender expansive/nonconforming clients*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
17. Sinnard, M.T., Dyer, R. L., & **Budge, S. L.** (2019, August). *Effects of identity concealment on substance use and suicidality among Midwest trans, nonbinary, and gender expansive/nonconforming individuals*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
18. Schoenike, D., Wachter, E., & **Budge, S.L.** (2019, August). *The Interaction of Transgender Identity, Race, and Mental Health: A Nationwide Sample*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
19. Barcelos, C., **Budge, S.L.**, & Botsford, J. (2019, April). *Uneven Access: The Health of Trans and Gender Nonconforming People in Wisconsin and the Upper Midwest*. Paper to be presented at the Annual National Transgender Health Summit, San Francisco, CA.
20. Bhattacharya, N., **Budge, S.L.**, Pantalone, D., & Katz-Wise, S.L. (2018, November). *Conceptualizing relationships among transgender and gender nonconforming youth and their caregivers*. Paper presented at the American Public Health Association Conference, San Diego, California.
21. **Budge, S.L.**, Sinnard, M.T., & Hoyt, W.T. (2018, September). *Longitudinal Effects of Psychotherapy with Transgender Clients: A 6-month Follow-up*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Snowbird, Utah.
22. Sinnard, M.T. & **Budge, S.L.** (2018, September). *“I Want to Correct Past Harmful Counseling Experiences”: Goal Attainment in Psychotherapy with Transgender Clients*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Snowbird, Utah.
23. **Budge, S.L.** (2018, August). *The feasibility of a clinical trial focusing on trans individuals’ minority stress*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
24. **Budge, S.L.**, Allen, B., Andert, B., Botsford, J., & Rehm, J. (2018, August). *Resources contributing to psychological well-being for trans youth: A CBPR Approach*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
25. Sweetnam, M.R., Mauk, E., & **Budge, S.L.** (2018, August). *A qualitative analysis of nonbinary and genderqueer individuals’ experiences of proximal and distal minority stress*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.

26. Dillard, S., Sinnard, M.T., Budge, S.L., & Katz-Wise, S.L. (2018, August). *Triadic analysis of concordance and discordance in families of trans youth*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
27. Mauk, E., Guo, E., Stock, C., Eck, M., & Budge, S.L. (2018, August). *Minority stress interventions in a psychotherapy pilot trial for transgender clients*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
28. Orzechowski, M., Budge, S.L., Lavendar, A., Onsgard, K., Schamms, S., Liebowitz, S., & Katz-Wise, S.L. (2018, August). *Emotions of transgender youth*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
29. Raines, C.R. & Budge, S.L. (2018, August). *Measuring masculine sexual entitlement: Subscales of a new instrument*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
30. Sinnard, M.T., Orzechowski, M., Budge, S.L., Belcourt, S., Conniff, J., Orovecz, J., Parks, R., Sun, S., & Sutton, J. (2018, August). *Depression and anxiety among transgender compared to cisgender Individuals: A meta-analysis*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
31. Sinnard, M.T., Budge, S.L., & Hoyt, W.T. (2018, August). *The effectiveness of psychotherapy for transgender clients: A randomized controlled trial*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
32. Sun, S., Hoyt, W.T., & Budge, S.L. (2018, August). *Minority stress, HIV risk behaviors, and mental health among Chinese men who have sex with men (MSM): A qualitative analysis*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
33. Thomas, K.A., Andert, B., Ibarra, N., Budge, S.L., & dickey, I. (2018, August). *Non-suicidal self-injury in transgender individuals*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
34. Dyer, R., Budge, S.L., Rehm, J., Botsford, J., Andert, B., & Allen, B. (2018, August). *Rural-urban differences in perceived safety at school for Wisconsin trans youth*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
35. Raines, C.R. & Budge, S.L. (2018, August). *Understanding the relationships between masculine sexual entitlement, masculinity, and violence*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
36. Rehm, J., Botsford, J., Budge, S.L., Andert, B., & Allen, B. (2017, September). *Initial results of needs assessment for trans and gender expansive youth in Wisconsin*. Poster presented at the International Joint Meeting of Pediatric Endocrinology, Washington, D.C.
37. Rossman, H. K., Sinnard, M. T., & Budge, S. L. (August, 2017). *Bisexuality and Consensual Non-Monogamy for Trans Individuals and Their Romantic Partners*. Paper presented at the Bisexuality Issues Committee Intersectionality Symposium at the Annual Meeting for the American Psychological Association in Washington, D.C.
38. Minero, L.M. & Budge, S.L. (2017, February). *Experiences of exclusion and discrimination among undocutrans (undocumented and transgender) individuals in the*

- united states and implications for mental health professionals*. Paper presented at the meeting for the United States Professional Association for Transgender Health, Los Angeles, California.
39. **Thai, J.L., Orovecz, J., Budge, S.L.** (2017, February) "*I was pretty sure I was doing the wrongest thing a wrong thing could be done*": A qualitative examination of trans men's experiences of negative emotions. Presentation in a symposium at the US Professional Association of Transgender Health, Los Angeles, CA.
  40. **Budge, S.L.** (2017, February). *Evaluating the effectiveness of psychotherapy with trans clients: using the working alliance inventory*. Paper presented at the meeting for the United States Professional Association for Transgender Health, Los Angeles, California.
  41. **Budge, S.L.** (2016, August). *Psychotherapy interventions, process, and outcome with transgender and gender non-conforming clients*. Chair of invited symposium for Division 29 at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  42. **Budge, S.L.** (2016, August). *The impact of minority stress interventions on psychotherapy outcomes with a trans client*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  43. **Minero, L.M., Chin, M.Y., & Budge, S.L.** (2016, August). *Transgender clients' reports of characteristics of effective and trans-competent therapists*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  44. **Budge, S.L.** (2016, August). *The state and future of psychotherapy research with transgender clients*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  45. **Orovecz, J., Moon, J., & Budge, S.L.** (2016, August) *Using transgender emotion labels to expand on emotion models*. Presentation in a symposium at the American Psychological Association Annual Convention, Denver, CO.
  46. **Minero, L.M., Chin, M.Y., & Budge, S.L.** (2016, August). *Understanding external coping processes of trans-identified individuals using grounded theory*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  47. **Salkas, S. & Budge, S.L.** (2016, August). *An overview of US population-based data on individuals with non-binary gender identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  48. **Alexander, D., Orovecz, J., Salkas, S., Stahl, A., & Budge, S. L.** (2016, August). *Internal identity processes for individuals with non-binary identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  49. **Rossman, K., Sinnard, M., & Budge, S.L.,** (2016, August). *The "queering" of emotions--using non-binary gender identity to label emotional processes*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  50. **Barr, S. M. & Budge, S.L.** (2016, August). *Experiences of self esteem and well-being for individuals with non-binary gender identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
  51. **Chase, A., Lam, J., & Budge, S.L.** (2016, August). *Culture and masculine ideology: measuring masculinity among japanese american men*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.

52. Akinniyi, D. & **Budge, S.L.** (2016, August). *The student-athlete experience: Multiple minority statuses and discrimination*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
53. **Budge, S.L.** (2016, August). *Identity processes, well-being, and emotional processes for individuals with non-binary identities*. Chair of symposium at the Annual Meeting for the American Psychological Association, Denver, Colorado.
54. Hase, C.N., Meadows, J.D., Budge, S.L. (2016, June). *Inclusion and exclusion in the white space: An investigation of the experiences of people of color in a primarily white american meditation community*. Poster presented at Mind & Life Summer Research Institute. Garrison, NY.
55. **Budge, S.L.** (2015, June). *The effectiveness of psychotherapeutic treatments for personality disorders: A review and critique of current research practices*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
56. Kring, M. & **Budge, S.L.** (2015, June). *Re-evaluating outcomes in psychotherapy: Considerations beyond self-report*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
57. Owen, J. J., Wampold, B.E., Miller, S.D., **Budge, S.L.**, & Minami, T. (2015, June). *Trajectories of change in short-term psychotherapy: Lessons from growth curve mixture modeling*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
58. Katz-Wise, S.L. & **Budge, S.L.** (2015, April). *Imaging the future: qualitative findings of future orientation from trans youth and parents/caregivers in the Trans Youth Family Study*. Paper presented at the Annual Transgender Health Summit, Oakland, CA.
72. **Budge, S.L.** (2014, August). *The other side of the story: trans individuals' experiences of positivity and resilience*. Symposium chair for the Annual Meeting for the American Psychological Association, Washington, DC.
73. **Budge, S.L.** (2014, August). *Lessons learned from NIH-grant submission for LGBTQ research*. Invited panelist for the Annual Meeting for the American Psychological Association, Washington, DC.
59. **Budge, S.L.** & Katz-Wise, S.L. (2014, August). *Emotional and interpersonal experiences of trans youth and their caregivers*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
60. Eleazer, J.L., Nguyen, Y., **Budge, S.L.** (2014, August). *"I'm afraid of my therapist": Military policy and access-to-care for transgender US service members*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
61. Thai, J.L. & **Budge, S.L.** (2014, August). *Mental health outcomes for trans Asian American, Asian, and Pacific Islander populations*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
62. Alexander, D. & **Budge, S.L.** (2014, August). *The impact of partner support on symptoms of anxiety for trans women, trans men, and genderqueer individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.
63. Barr, S.M. & **Budge, S.L.** (2014, August). *Trans identity salience as a predictor for well-being and body control beliefs for trans individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.

64. Keller, B.L., Barr, S.M., & Budge, S.L. (2014, August). *Trans women's emotional resilience: Reactions to the intersection of sexism and transphobia*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
65. Rossmann, H.K., Sinnard, M., Budge, S.L. (2014, August). *Adapting a three-tiered model of emotions to genderqueer individuals' identity processes*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
66. Thai, J.L., Orovecz, J., Budge, S.L. (2014, August). *Trans men's experiences of positive emotions: An examination of gender identity and emotion labels*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
67. Tebbe, E.N., Brewster, M., **Budge, S.L.** (2014, August). *A content analysis of transgender psychological literature*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.
68. Thai, J.L. & Budge, S.L. (2014, March). *Family relationships and outness for transgender Asian Pacific Islander individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
69. Hunter, C. & Budge, S.L. (2014, March). *The moderating effect of race related to discrimination for transgender individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
70. Alexander, D. & Budge, S.L. (2014, March). *The impact of partner support on symptoms of anxiety for trans women, trans men, and genderqueer individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
71. Barr, S.M. & Budge, S.L. (2014, March). *Validation of the Objectified Body Consciousness Scale for transgender individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
72. **Budge, S.L.** (2013, October). *Addressing grief and role transitions for transgender clients experiencing gender identity incongruence*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Nashville, TN.
73. **Budge, S.L., Barr, S.M., Katz-Wise, S.L., Keller, B.L., & Manthos, M.** (2013, June). *Incorporating positivity into psychotherapy with trans clients*. Workshop presented at the Annual Philadelphia Transgender Health Conference, Philadelphia, PA.
74. **Budge, S.L. & Barr, S.M.** (2013, April). *Emotional and identity processes of trans youth: A developmental approach*. Paper presented at the Biennial Society for Research on Child Development Conference, Seattle, WA.
75. **Budge, S.L., Thai, J., Rossmann, H.K.** (2012, August) *Intersecting identities and mental health outcomes for transsexual, cross-dressing, and genderqueer individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Orlando, Florida.
76. **Budge, S.L. & Keller, B.L.** (2012, August). *"She felt pressured, I felt neglected": LGBQ individuals' experiences of sexual pressure in relationships*. Poster presented at the Annual Meeting for the American Psychological Association, Orlando, Florida.
77. **Budge, S.L., Moore, J., Neinhuis, J., Baardseth, T., & Wampold, B.E.** (2012, June). *The relative efficacy of bona-fide psychological treatments for personality disorders: A meta-analysis of direct comparisons*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Virginia Beach, Virginia.
78. **Budge, S.L. & Katz-Wise, S.L.** (2012, February). *Trans-affirmative therapy: Focusing on emotional and coping processes throughout gender transitioning*. Workshop presented

- at the Transgender Spectrum Symposium, Annual Meeting of the Gay and Lesbian Affirmative Psychotherapy Association, New York, New York.
79. **Budge, S.L.** & Katz-Wise, S.L. (2011, November). *Transgender emotional and coping processes: Facilitative and avoidant coping throughout the gender transition*. Paper presented at the Annual Meeting for the Society for the Scientific Study of Sexuality, Houston, Texas.
  80. **Budge, S.L.** & Howard, K.H. (2011, August). *Gender socialization and genderqueer individuals: The impact of assigned sex on coping and mental health concerns*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, D.C.
  81. Tebbe, E.L., **Budge, S.L.**, & Fischer, A. (2011, March). *Transforming the research Goliath: Reflections on research with transgender communities*. Roundtable presented at the Bi-Annual Meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.
  82. **Budge, S.L.** & Howard, K.A.S. (2010, August). *Coping, social support, and well-being in the transition process for transgender individuals*. Paper presented at the Annual Meeting for the American Psychological Association, San Diego, California.
  83. Baardseth, T.P., **Budge, S.L.**, & Wampold, B.E. (2010, August). *Allegiance and psychotherapy research: The effectiveness of supportive therapy as a control*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
  84. Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of learning experiences on students with disabilities career development*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
  85. Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, August). *Individuation or identification? Objectified body consciousness*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
  86. Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of exposure to quality learning experiences on career development*. Paper presented at the Annual Meeting for the American Psychological Association, San Diego, California.
  87. **Budge, S.L.** & Fluckiger, C. (2010, June). *Comparison of evidence-based-treatments versus treatment as usual: A meta-analysis*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Asilomar, California.
  88. **Budge, S.L.** & Howard, K.A.S. (2010, April). *Career decision-making in the transgender population: The role of barriers and discrimination*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.
  89. **Budge, S.L.**, Solberg, V.S., Phelps, L.A., Haakenson, K., & Durham, J. (2010, April). *Promising practices for implementing Individualized Learning Plans: Perspectives of teachers, parents, and students*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.
  90. Solberg, V.S., Gresham, S.L., Phelps, L.A., & **Budge, S.L.** (2010, April). *Identifying decision-making patterns and its impact on career development and workforce readiness*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.

91. Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, March). *Objectified body consciousness and the mother-adolescent relationship*. Poster presented at the Biennial Meeting for the Society for Research on Adolescence, Philadelphia, Pennsylvania.
92. **Budge, S. L.**, Tebbe, E. N., Katz-Wise, S. L., Schneider, C. L., & Howard, K. A. (2009, August). *Workplace transitions: Work experiences and the impact of transgender identity*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
93. Katz-Wise, S. L., **Budge, S. L.**, & Schneider, C. L. (2009, August). *Navigating the gender binary: A qualitative study of transgender identity development*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
94. Nelson, M. L., Thompson, M. N., Huffman, K. L., & **Budge, S. L.** (2009, August). *Development and further validation of the social class identity dissonance scale*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
95. Dvorscek, M., **Budge, S. L.**, Bluemner, J. L., & Valdez, C. R. (2009, August). *Health care provider perspectives on Latino patients with depression*. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
96. Neumaier, E. R., **Budge, S. L.**, Bohlig, A. J., Doolin, E. M., & Nelson, M. L. (2009, August). *I feel masculine but they think I'm feminine: Toward measuring experienced gender role*. Poster presented at the Annual Meeting of the American Psychological Association during the Division 17 Social Hour, Toronto, Ontario, Canada.
97. Doolin, E. M., Graham, S. R., Hoyt, W. T., **Budge, S. L.**, & Bohlig, A. J. (2009, January). *Out and about in the South: Defining lesbian communities*. Poster presented at the National Multicultural Conference and Summit, New Orleans, LA.
98. **Budge, S. L.**, Tebbe, E. N. & Howard, K. A. S. (2009, January) *Transgender individuals' work experiences: Perceived barriers, discrimination, and self-efficacy*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
99. Howard, K. A. S., **Budge, S. L.**, Jones, J., & Higgins, K. (2009, January). *Future plans of urban youth: A qualitative analysis of influences, barriers, & coping strategies*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
100. **Budge, S.**, Schneider, C., Rodriguez, A., Katz-Wise, S., Tebbe, E., & Valdez, C. (2008, August). *The emotional roller coaster: Transgender experiences of positive and negative emotions*. Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.
101. Nelson, M. L., Huffman, K. & **Budge, S. L.**, (2008, August). *Initial validation of the Social Class Identity Dissonance Scale*. Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.
102. **Budge, S. L.**, Schneider, C., Rodriguez, A., & Howard, K. A. S. (2008, January) *What about the "T"?: Career counseling with transgender populations*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
103. Howard, K. A. S., McKay, K. M., & **Budge, S. L.** (2007, August) *Adolescents' use of SOC strategies: The interaction with low-income and high violence contexts*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

104. **Budge, S. L.** & Sherry, A. (2007, August) *The influence of gender role on sexual compliance: A preliminary investigation of LGB relationships*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
105. Howard, K. A. S., Solberg, V. S., & **Budge, S. L.** (2007, August). *Designing culturally responsive school counseling career development programming for youth*. Paper presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
106. Howard, K. A. S., Jones, J. E., **Budge, S.**, Gutierrez, B., Lemke, N., Owen, A., & Higgins, K. (2007, April). *Academic and career goals of high school youth: processes and challenges*. Paper presented at the Annual Meeting of the American Educational Research Association, Chicago, IL.

### **REGIONAL PRESENTATIONS**

°Invited; Underlining denotes student;

1. Dominguez, S. Jr., & **Budge, S. L.** (2021, May). *Microaggressions, communication, and power dynamics*. Workshop presented at the Madison Inclusive Leadership Conference, Madison, Wisconsin.
2. Tebbe, E.A. & **Budge, S.L.** (2021, April). *Transforming healing spaces: Tips and considerations in creating trans affirming spaces*. Workshop provided at the Wisconsin LGBTQ Health Summit, Madison, Wisconsin.
3. **Budge, S.L.**, Lindley, L., & Dominguez, S. (2021, February). Supporting mental health care for TNB clients. School of Social Work, University of Wisconsin-Madison, Madison, Wisconsin.
4. **Budge, S.L.** (2020, September). *Recruiting LGBTQ populations*. Symposium for Research Administrators. Madison, Wisconsin.
5. **Budge, S.L.** (2020, September). *Best practices for conducting research with LGBTQ populations*. Institute for Clinical and Translational Research training for researchers at the University of Wisconsin-Madison. Madison, Wisconsin.
6. **Budge, S.L.** (2019, April). *Trans affirmative therapy: Therapy for trans and nonbinary clients beyond the "101."* Workshop provided at the Wisconsin LGBTQ Health Summit, Madison, Wisconsin.
7. Guo, E., Mauk, E., & **Budge, S.L.** (2018, November). *Minority stress interventions in a psychotherapy pilot trial for transgender clients*. Paper presented at the Annual Meeting for the Wisconsin Counseling Association, Madison, Wisconsin.
8. **Budge, S.L.** (2018, November). *Mental Health and Wellbeing: Trans, Nonbinary, and Gender Nonconforming People*. Paper presented at the Annual Midwest Family Medicine Conference, Madison, Wisconsin.
9. Dyer, R. L., **Budge, S. L.**, Botsford, J., Andert, B., Rehm, J., & Allen, B. (April 2018). *Supporting trans youth in rural Wisconsin*. Symposium presented at the 2018 Wisqueer Conference, Madison, Wisconsin.
10. Dyer, R. L., **Budge, S. L.**, Botsford, J., Andert, B., Rehm, J., & Allen, B. (April 2018). *Trans youth needs assessment survey results: Nonmetropolitan-metropolitan differences in perceived safety at school for Wisconsin trans and nonbinary youth*. Poster presented at the 2018 Wisconsin Psychological Association Convention, Appleton, Wisconsin.



11. **Budge, S.L.** & Bostford, J. (February, 2018). *Trans experiences in Mental Health*. Symposium presented at the 2018 Wisconsin LGBTQ Summit, Milwaukee, Wisconsin.
12. **Dyer, R. L., Budge, S. L.,** Botsford, J., Andert, B., Rehm, J., & Allen, B. (February 2018). *Supporting trans youth in rural Wisconsin*. Symposium presented at the 2018 Wisconsin LGBTQ Summit, Milwaukee, Wisconsin.
13. **Budge, S.L.** (2017, September). *Transgender individuals and minority stress: The past, present, and future*. Research talk presented for the UW Department of Psychology Diversity series.
14. **Budge, S.L.** and Karcher, O. (2017, May). *Supporting trans youth and their mental health needs, Part 2*. Paper presented at the Supporting Trans and Gender Expansive Youth conference, Madison, Wisconsin.
15. **Budge, S.L.** (2016, October). *Supporting trans youth and their mental health needs*. Paper presented at the Supporting Trans and Gender Expansive Youth conference, Madison, Wisconsin.
16. **Budge, S.L.** (2013, November). *Incorporating an IPT approach with transgender clients*. Paper presented at the Annual Kentucky Psychological Association Conference, Lexington, Kentucky.
17. **Budge, S.L.** (2013, April). *Using interpersonal therapy with transgender clients*. Workshop provided at the Annual University of Florida Interdisciplinary Conference on LGBT Issues.
18. **Barr, S. M. & Budge, S. L.** (2013, April). *The role of identity integration in the emotional well-being of post-transition individuals*. Poster presentation at the Kentucky Psychological Association Student Research Conference, Louisville, Kentucky.
19. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, April). *"I'm stoked about life": The emotional processes of trans men through a qualitative lens*. Poster presented at the Spring Research Conference, Lexington, Kentucky.
20. **Rossmann, K. & Budge, S.L.** (2013, April). *Genderqueer individuals' mental health concerns: The relationship between social support and coping*. Paper presented at the Spring Research Conference, Lexington, Kentucky.
21. **Barr, S. M. & Budge, S. L.** (2013, April). *The role of identity integration in the emotional well-being of post-transition individuals*. Poster presented at the Spring Research Conference, Lexington, Kentucky.
22. **Rossmann, K. & Budge, S.L.** (2013, June). *Just the fact that I commanded that respect - I got the privilege: Qualitative examination of privilege in the trans community*. Paper presented at the Spring Research Conference, Lexington, Kentucky.
23. **Keller, B.L., Barr, S.M., & Budge, S. L.** (2013, April). *"For every bad, there's 40 good things that happen": A qualitative approach to understanding the positive emotional experiences of trans women*. Poster presentation at the Spring Research Conference, Lexington, Kentucky.
24. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, April). *"I'm stoked about life": The emotional processes of trans men through a qualitative lens*. Presented at the Spring Research Conference, Lexington, Kentucky.
25. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, March). *"I'm me, and I'm proud to be me": A grounded theory analysis of trans men's emotional processes*. Presented at the Kentucky Psychological Association Foundation Spring Academic Conference, Louisville, Kentucky.

26. Eleazer, J. R. & **Budge, S. L.** (2013, March). *“It would be better for them to have a dead hero for a father than a freak:” Suicidality and trans military service.* Poster presented at the Kentucky Psychological Association Spring Academic Conference, Louisville, Kentucky.
27. Sinnard, M., Rossman, K., & **Budge, S. L.** (2013, March). *Positive emotional experiences of gender non-binary identified individuals.* Poster presentation at the Kentucky Psychological Association Student Research Conference, Louisville, Kentucky.
28. Barr, S.M., Stahl, A., Manthos, M., & **Budge, S.L.** (2012, November). *“It means there aren’t rules and you don’t have to ascribe to a specific binary”:* A qualitative examination of genderqueer identity. Paper presented at the Chicago LGBTQ Health and Wellness Conference, Chicago, Illinois.
29. Thai, J.L., Orovecz, J., & **Budge, S.L.** (2012, November). *Trans men and positivity: Emotional processes related to identity.* Paper presented at the Chicago LGBTQ Health and Wellness Conference, Chicago, Illinois.
30. **Budge, S.L.,** Barr, S.M., Orovecz, J., & Rossman, H.K. (2012, November). *Clinical work with LGBT youth.* Workshop provided at the Annual Kentucky Psychological Association Conference, Louisville, Kentucky.
31. **Budge, S.L.,** Lee, S., & Monahan-Rial, V. (2011, February). *Bridging institutional gaps: Utilizing transgender-affirmative therapy with college students.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.
32. Lee, J., **Budge, S.L.,** Wilson, J.L., & Roper, J.M. (2011, February). *The Korean Conundrum: Managing stigma in the recruitment of group counseling members.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.
33. °**Budge, S.L.** & Katz-Wise, S.L. (2010, February). *Transition to adulthood: Developmental steps for transgender individuals.* Workshop presented at the Conference on Transgender and Gender Variant Youth, Madison, Wisconsin.
34. °**Budge, S.L.** (2009, October). *Individualized Learning Plans: Parent, student, and educator focus groups.* Paper presented at the Fall Institute for the National Collaborative on Workforce and Disability/Youth, Charleston, South Carolina.

### **KEYNOTE AND INVITED PRESENTATIONS**

1. **Budge, S.L.** & Dominguez, S. Jr. (2019, November). *Mental health care for transgender, nonbinary, and gender nonconforming clients.* Presented to practitioners at Group Health Cooperative Insurance, Madison, Wisconsin.
2. °**Budge, S.L.,** Dominguez, S.Jr., Mauk, E., & Sweetnam, M. (2018, October). *School of Education: At the forefront of transgender studies.* Presented to the Board of Visitors at the School of Education—University of Wisconsin-Madison.
3. °**Budge, S.L.** & Mauk, E. (2017, May). *Health and well-being of LGBTQ students: Lessons learned and recommendations for educators.* Invited presentation at the CESA Conference, Madison, Wisconsin.
4. °**Budge, S.L.** (2016, March). *The construction of gender identity as “disordered”:* A critical examination of mental health using trans narratives. Invited presentation at the Women’s and Gender Studies Forum at the University of Florida, Gainesville, Florida.

5. °**Budge, S.L.** (2016, March). *Understanding, acknowledging, and responding to LGBTQ microaggressions in health care settings*. Keynote provided at the Florida Area Health Education Center, Gainesville, Florida.
6. °**Budge, S.L.** (2014, September). *Positivity in trans populations: Implications for vocational psychology*. Boston University, Boston, Massachusetts.
7. °**Budge, S.L.** (2013, April). *Future directions for research and therapy with trans and gender diverse individuals*. Keynote provided at the Annual University of Florida Interdisciplinary Conference on LGBT Issues.
8. °**Budge, S.L.** (2013, March). *The psychology of sexual orientation and gender identity: future directions and implications*. Keynote provided at the East Texas Psi Chi Student Research Conference, Tyler, Texas.

### **NATIONAL RESEARCH BRIEFINGS**

1. °**Budge, S.L., & Solberg, V.S.,** (2010, March) *Career exploration and the use of career narrative data for high school students' career exploration processes: A United States sample*. Research briefing presented at the Department of Labor, Washington, D.C.
2. °**Budge, S.L., Solberg, V.S., & Phelps, A.L.** (2010, March) *Individualized Learning Plans within a community-oriented approach: The usefulness of focus group data with parents, teachers, and students*. Research briefing presented at the Department of Labor, Washington, D.C.

### **INTERNATIONAL RESEARCH BRIEFINGS**

1. °**Budge, S.L., & Solberg, V.S.,** (2010, February) *A three-tiered approach to analyze the career decision making processes using focus group data with Singaporean parents, students, and staff*. Research briefing presented at the Ministry of Education, Singapore.
2. °**Budge, S.L., & Solberg, V.S.,** (2010, February) *Use of narrative analysis for high school students' career exploration processes: A Singapore Sample*. Research briefing presented at the Ministry of Education, Singapore.

### **BLOGS**

Paquin, J., Tao, K., & **Budge, S.L.** (2020). *Building a psychotherapy science for all: A how-to guide*.

**Budge, S.L.** (2015). *Critical considerations in writing letters for trans clients*.  
<https://societyforpsychotherapy.org/critical-considerations-in-writing-letters-for-trans-clients/>

### **TEACHING EXPERIENCE**

**University of Wisconsin-Madison Courses (Fall 2014 – current)**

\*CP = counseling psychology, SMPH = school of medicine and public health

**Fall 2020**

CP 860: Social and Cultural Foundations of Counseling (graduate): enrollment = 28  
CP 990: Independent research (graduate): enrollment = 6  
SMPH: AHEAD Seminars (enrollment varies from 10-15)

**Summer 2020**

CP 332: Gender and Queer Issues in Psychology (undergraduate): enrollment = 11

**Spring 2020**

CP 900: Foundational practicum (graduate): enrollment = 4  
CP 903: Advanced practicum (graduate): enrollment = 5  
CP 699: Independent research (undergraduate): enrollment = 2  
CP 990: Independent research (graduate): enrollment = 3  
SMPH: AHEAD Seminars (enrollment varies from 10-15)

**Fall 2019**

On maternity leave

**Spring 2019**

CP 900: Foundational practicum (graduate): enrollment = 4  
CP 903: Advanced practicum (graduate): enrollment = 5  
CP 699: Independent research (undergraduate): enrollment = 6  
CP 990: Independent research (graduate): enrollment = 3  
SMPH: AHEAD Seminars (enrollment varies from 10-15)

**Fall 2018**

CP 805: Helping Relationships & Techniques (graduate): enrollment = 15  
CP 905: Research Practicum (graduate): enrollment = 11  
CP 990: Independent Research (graduate): enrollment = 2  
CP 699: Independent Research (undergraduate): enrollment = 8  
SMPH: AHEAD Seminars (enrollment varies from 10-15)

**Spring 2018**

CP 806: Pre-practicum (graduate): enrollment = 13  
CP 900: Foundational practicum (graduate): enrollment = 4  
CP 903: Advanced practicum (graduate): enrollment = 5  
CP 699: Independent research (undergraduate): enrollment = 6  
CP 990: Independent research (graduate): enrollment = 3

**Fall 2017**

CP 951: Research in Individual Interventions (graduate): enrollment = 12  
CP 999: Independent Study (graduate): enrollment = 1  
CP 990: Independent Research (graduate): enrollment = 2  
CP 699: Independent Research (undergraduate): enrollment = 3

**Summer 2017**

CP 699: Independent Research (undergraduate): enrollment = 1

**Spring 2017**

- CP 903: Advanced Practicum (graduate): enrollment = 8
- CP 900: Foundational Practicum (graduate): enrollment = 5
- CP 890: Advanced Assessment Techniques (graduate): enrollment = 10
- CP 999: Independent Study (graduate): enrollment = 1
- CP 990: Independent Research (graduate): enrollment = 1
- CP 699: Independent Research (undergraduate): enrollment = 8

**Fall 2016**

- CP 805: Helping Relationships & Techniques (graduate): enrollment = 15
- CP 990: Independent Research (graduate): enrollment = 2
- CP 699: Independent Research (undergraduate): enrollment = 8

**Summer 2016**

- CP 699: Independent Research (undergraduate): enrollment = 1

**Spring 2016**

- CP 903: Advanced Practicum (graduate): enrollment = 4
- CP 900: Foundational Practicum (graduate): enrollment = 9
- CP 810: Professional Development/Clinical Practice (graduate): enrollment = 8
- CP 699: Independent Research (undergraduate): enrollment = 1
- Counseling Psychology Training Clinic Supervision ( $n = 7$ )

**Fall 2015**

- CP 805: Helping Relationships & Techniques (graduate): enrollment = 10
- CP 999: Independent Study (graduate): enrollment = 10

**Spring 2015**

- CP 806: Master's Pre-Practicum (graduate): enrollment = 17
- CP 990: Independent Research (graduate): enrollment = 8
- CP 901: Counseling Psych Practicum (graduate): enrollment = 1
- CP 699: Independent Research (undergraduate): enrollment = 1
- Counseling Psychology Training Clinic Supervision ( $n = 12$ )

**Fall 2014**

- CP 805: Helping Relationships & Techniques (graduate): enrollment = 17
- CP 999: Independent Study (graduate): enrollment = 5

**Course or Curriculum Development at UW-Madison From 2014-current**

Social and Cultural Foundations (new curriculum)	<b>2020</b>
LGBTQ Psychology (new course)	<b>2020</b>
Doctoral Research Practicum (new course)	<b>2018</b>
Individual Interventions (new course)	<b>2017</b>

Advanced Assessment Techniques (new curriculum)	2017
Advanced Doctoral Clinical Practicum (new course)	2016
Foundational Doctoral Clinical Practicum (new course)	2016
Master's Pre-Practicum (new course)	2015
Helping Relationships & Techniques (new course)	2014

## **Previous Teaching**

### **University of Louisville Courses**

ECPY 780: Advanced Practicum  
ECPY 648: Intellectual Assessment  
ECPY 663: Multicultural Issues  
ECPY 629: Theories and Techniques of Counseling  
ECPY 621: Differential Diagnosis  
ECPY 793: Gender and Queer Issues In Psychology  
ECPY 793: Advanced Multicultural Psychotherapy  
ECPY 700: Supervised Research

### **Graduate-Student Teaching:**

#### **University of Wisconsin-Madison (2006-2009)**

CP 804: Research Methods  
CP 994: Personality Assessment  
CP 650: Interviewing Skills  
CP 115: First Year Experience

#### **University of Texas at Austin (2005-2006)**

PSY 301: Introduction to Psychology

## **Supervision of Clinical Work at UW-Madison**

### **Provision of Supervision at the Counseling Psychology Training Clinic**

8/2014 – 5/2016

I was the on-site licensed psychologist and supervisor for one clinic night per week. Provided individual clinical supervision to 7 masters and doctoral students (1 hr. per week of individual clinical supervision for each student in addition to administration [feedback on notes and watching video-recordings of sessions]). Provided one hour of group supervision on the night I was on-site at the clinic.

### **Provision of Supervision to students in the Pre-Practicum course (CP 806).**

1/2015 – 5/2015

Provided individual supervision (above and beyond class duties, due to low staffing in the department) to masters and doctoral students for the CP 806 course in the Spring of 2015.

## SERVICE ACTIVITIES

### **PUBLIC SERVICE (From 2014- current)**

#### **Wisconsin Transgender Health Coalition (WTHC) 5/2015-current**

I have been involved in the organization since its inception. I have mainly been involved in the “data and dissemination” team, where I provide my expertise as researcher helping community members establish their own research projects and write grants to support personnel within the coalition. As a part of this team, I have given presentations to community members about population-based data within Wisconsin that can influence access to more medical and mental health care. I have also assisted team members with creating surveys and recruiting individuals to be a part of a Wisconsin needs assessment of transgender youth. We meet once per month to focus on the larger data team and have smaller meetings throughout the month to focus on community outreach and training to disseminate research in a fashion that is most helpful for individuals who are not involved in academia.

#### **Co-Coordinator and Co-Chair for the Transgender and Gender Expansive Youth Conference 2/2016-current**

Attend meetings for an ongoing planning committee to coordinate semi-annual conferences about the concerns of transgender youth. Helped develop an agenda for the conferences, planned speakers, coordinated a budget, and decided on special topics for the conference. Introduce the keynote speaker at the conference and provide project management during the day of the conference. Provided three one-hour long sessions to educate teachers, school staff, mental health professionals, and community members.

#### **Pro-Bono Psychotherapy 8/2015 - current**

Provided 1.5 hours of pro-bono weekly group psychotherapy to transgender and gender expansive youth at the Counseling Psychology Training Clinic from 2015-2016. Provided group therapy training to a doctoral student to conduct co-therapy with me as part of the group. Provided individual therapy to clients at the CPTC from Spring 2021-current.

### **Community Presentations and Trainings**

UW Health Behavioral Health Youth and Family Clinic 5/2021

CORE Lab—UW-Madison 4/2021

University of Utah 3/2021

Pauquette Center for Psychological Services 1/2021

Center for Urban Leadership	12/2020
University of Utah	11/2020
Gender and Sexuality Campus Center	11/2020
Alamo Area Resource Center	7/2020
Brown University	1/2020
Group Health Cooperative Insurance	11/2019
Group Health Cooperative Insurance	12/2017
Goodman Community Center and UW Health	9/2017
Marquette University	8/2017
Madison Metropolitan School District	5/2017
Wisconsin Department of Public Safety	4/2017
Psychiatric Services	2/2017
FORGE	1/2017
Wisconsin Department of Public Instruction	12/2016
Madison Metropolitan School District	10/2016
Marquette University	5/2016

**PROFESSIONAL SERVICE**

**Associate Editor**

*Psychotherapy*

1/2014 – current

*Psychology of Sexual Orientation and Gender Diversity*

8/2020 -- current

**Guest Editor of Special Sections**

*Psychotherapy*

5/2019

*Journal of Counseling Psychology*

12/2017

*Psychology of Sexual Orientation and Gender Diversity*

12/2017

*Psychotherapy*

9/2016

**Editorial Board**



*Archives of Sexual Behavior* 1/2014 – 12/2016  
*Psychology of Sexual Orientation and Gender Diversity* 1/2016 – 8/2020  
*International Journal of Transgender Health* 1/2016 - current

**Ad Hoc Reviewer:** Journal of Consulting and Clinical Psychology, Clinical Psychology Review, Journal of Counseling Psychology, The Counseling Psychologist, Feminism and Psychology, Psychology of Religion and Spirituality, Psychology of Women Quarterly, Journal of GLBT Family Issues, BioMed Central Journal, The Cognitive Behavior Therapist, Psychotherapy Research, Routledge Publishers, Harvard University Press, Family Process

### **Leadership in Professional Organizations**

**Co-Chair of Division 17 Special Task Group** 8/2019 – 8/2020  
"Building a Trans and Nonbinary Pipeline into Counseling Psychology." This special task group included giving a free webinar about increasing access for trans and nonbinary students into doctoral psych programs, creating a curriculum guide for psychology courses, and supporting a research project that focused on trans and nonbinary students' experiences in counseling psychology programs

**Co-Chair of Division 44 Science Committee** 8/2011 - current  
Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44)

### **Membership in Professional Organizations**

American Psychological Association (APA)

- Society of Counseling Psychology (Division 17)
- Division of Psychotherapy (Division 29)
- Society for the Psychology of Women (Division 35)
- Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44)
- Society of Clinical Child and Adolescent Psychology (Division 53)

World Professional Association for Transgender Health (WPATH)  
Society for Psychotherapy Research (SPR)

### **UNIVERSITY SERVICE**

**University Committee**

Faculty Senate (alternate) 5/2016 – current  
Attended 2 faculty senate meetings

GLBTQ Committee 5/2017 - current

**School of Education Committee**

Information Technology Policy Advisory Committee **8/2014 – current**

**Department Committee**

Doctoral Training Committee **8/2015 – current**  
Doctoral Admissions Chair **8/2017 - current**  
Social Justice Committee (chair) **8/2016 - current**  
Salary and Promotion Committee **8/2016 - current**  
Masters Training Committee **8/2014 – 8/2015**

**Doctoral Dissertation Committees (\*Denotes Chair)**

\*Kinton Rossman (University of Louisville; Defended)  
\*Jayden Thai (University of Louisville; Defended)  
Jake Nienhuis (University of Louisville; Defended)  
Kelley Quirk (University of Louisville; Defended)  
Keldric Thomas (University of Louisville; Defended)  
Johanna Strokoff (University of Louisville; Defended)  
Elise Romines (University of Louisville; Defended)  
Sebastian Barr (University of Louisville; Defended)  
Julia Benjamin (University of Wisconsin-Madison; Defended)  
\*Craig Hase (University of Wisconsin-Madison; Defended)  
Sarah McArdeell Moore (University of Wisconsin-Madison, Defended)  
Noah Yulish (University of Wisconsin-Madison, Defended)  
Nick Frost (University of Wisconsin-Madison, Defended)  
Lindsey Houghton (University of Wisconsin-Madison, Defended)  
Shufang Sun (University of Wisconsin-Madison, Defended)  
\*Joe Orovecz (University of Wisconsin-Madison, Defended)  
Andrew Wislocki (University of Wisconsin-Madison, Defended)  
Dustin Brockberg (University of Wisconsin-Madison, Defended)  
\*Christo Raines (University of Wisconsin-Madison, Defended)  
Alyssa Ramirez Stege (University of Wisconsin-Madison, Defended)  
Mun Yuk Chin (University of Wisconsin-Madison, Defended)  
Molly Kring (University of Wisconsin-Madison, Defended)  
\*Laura Minero (University of Wisconsin-Madison, Defended)  
\*Morgan Sinnard (University of Wisconsin-Madison, Proposed)  
\*Aaron Stumpf (University of Wisconsin-Madison, Proposed)  
\*Jaime Lam (University of Wisconsin-Madison, Proposed)  
Nataly Ibarra (University of Wisconsin-Madison, In Progress)  
\*Jessica Perez-Chavez (University of Wisconsin-Madison, Proposed)  
\*Austen Chase Matsui (University of Wisconsin-Madison, Proposed)  
Kate Bakhuizen (University of Wisconsin-Madison, Proposed)

**Undergraduate Thesis Committees**

Morgan Sinnard (University of Louisville; Chair, defended)